

Glossary of Words and Terms from the Lama Sing Readings

(In the following descriptions, if another term is presented within the description that also raises question, look for it in the Glossary. If it is not found, please contact us for clarification and so that it can be included.)

2018 –

“The spirit is emerging in the Earth with considerable rapidity. It will continue to do so for the fullness of this cycle of intersection, which we would estimate to be until 2013 to 2018. In that time period, precisely, is a window of opportunity of some considerable majesty.” –Lama Sing

”So, you have, here, an opportunity that is not withstanding available to you and to all who are seeking and who make the way (quote) “passable” (end quote) within themselves by eliminating those bonds of limitation, fear, doubt, or any such variations upon same; that these can then be set aside and the path within self is opened in a manner similar to what we just described regarding the groupings.

“So, there is a council here who has advised: Think ye not of a temple in the sense of stone or the materials of the Earth, but think ye of a Temple that exists beyond limitation, and that this is that which shall be constructed as the “third temple,” and it could be said of Solomon or of the ... listen carefully ... son of man. And as this is builded, then these who believe unto same and build within themselves that pathway of Awakening shall, indeed, be those who shall know Him, and that He shall Awaken in the completeness of that term.” –Lama Sing

“This cycle is anticipated to be in presence upon those who are willing for at least until, your measure, 2018, at which point the already in diminishment intensity (it might be called) will begin to be noted ... exception here being if those who are His and those who Awaken are sufficient to sustain it. Remember, this is always a potential and this would be the pathway of the greatest joy for the Brotherhood, for the Council. See?” –Lama Sing

ARN – Arn was an entity introduced in the Lama Sing works called *The Borderland*. He was a “lost soul” bound to and by guilt over previous actions in an incarnation and set free in the Borderland work. So free did he become, because of the love surrounding him and his own intent, he eventually became one of the Elders. One of his beginning steps to Freedom was to begin to garden, which he was actually joined in by one in spirit form following this channeled work on Earth (Lynne Wortman). Arn began creating cobalt blue roses, placing them in Consciousness for others to come across and feel the love and gratitude of one who was trapped and is now free.

The AWAKENING – The return by one in the realm of Earth or adjacent realms to the full knowing of the Truth of their divine nature as intended and fashioned by their Creator to BE Free, followed by the expression and experience of utter Freedom, unbound by anything, any limitation, that is accepted and considered to be “just the way life is”.

The BALANCING FORCES – The Lama Sing/Al Miner readings tell that even those who are among the forces that seek to dominate, to perpetuate the limitations of finiteness, through fear, hatred, and so on, are our brothers and sisters. We are encouraged to not only pray for them but to call out to them to join us in the light.

BAND OF BRETHREN – A group of individuals long following the works of Al and Lama Sing, applying them together, and being a family through personal challenging times as well as times of wonder.

The “BEAUTIFUL DREAMERS” – A vast number of souls (millions and millions) who, having experienced finiteness to varying depths, decided not to continue journeying on the Wheel and moved into individual exquisite orbs of light and into a sort of divine meditation, seeking to purify themselves as Children of God once again until such time as the Call came that the Light was returning. The term, Beautiful Dreamers, was coined by Susan as a term of endearment.

BODHI – It happened that Al began to recall his experiences during his time in the readings, to recall his time in the Light and with God and others. The more he recalled this, the more he felt the urge to place his focus on these experiences rather than on the readings. We began in May of 2018 intending that he would use the path he had used for readings, which always let him completely out beyond finiteness into the utterness of Freedom, in order that the more he could experience this, the more he could bring this back to his expression in finiteness and to mass-mind thought. We quickly realized that the effort it took for him to relate his experiences back to finiteness took away from the very Freedom he was intending, so the readings continued pretty much as usual, except that Al is now off, fully conscious of and in full memory of his experiences in Freedom. To differentiate between the readings as they had been given for more than four decades and these new conscious experiences of Freedom *during* the readings, for ease of reference with respect to these two, we coined the term “Bodhi” to mean Al’s awakened state of consciousness and his resulting experiences of and in Freedom.

The BORDERLAND – “We call it this because we can go no further, for here is the periphery of Universal Law’s expression for the realm called Earth.” –Lama Sing

The BORDERLAND PROJECT – Following a night of horrific lucid dreaming, and after giving a reading the next day, Al was met on his path on the “way back to his body” by a large group of individuals, who we later came to know had escaped from the Shadowland. What followed was a gripping recounting of events that explained Al’s dream and led to the series, The Borderland Project. It is an incredible look into those forces that seek to hold us in our illusions of finiteness and offers new hope for how to break the hold, the spell of the illusion.

The “BRIDGE OF LIGHT” – In a reading within the “Peter Works” in 2000, it was requested of those following the Peter journey to envision, and literally create through mind and intention, a Bridge of Light. Per Lama Sing: “The Bridge of Light is the work of a group of souls in the Earth who chose to use their power as Children of God to manifest a “Bridge” to span the realms of shadow between the Earth and the realms beyond. (Universal Law was conformed to because the Bridge was built by the choice of the group from within in the expression and experience of Earth.) Prior to this Bridge, it was not uncommon for one transitioning from finite life to infinite life beyond Earth to become lured off their path of light into Shadowlands, the Sea of Faces, lesser realms. Those leaving Earth in the process you call death who choose to use the Bridge move more or less unimpeded now. And they give of their energy in thankfulness, so the Bridge is expanded and brighter, extending further and further because of this continual flow of gifts.”

The CHANNEL – This is the “name” used by Lama Sing in place of Al because to use the name Al

could call him back from that consciousness to which he is taken that prevents his personal involvement and influence in what is given in the reading. There is only one known occasion in which Lama Sing used Al's given name in a reading; the reason given was that the depth of his channeled state was being tested.

CHRIST – “The Christ Spirit is that infinite, eternal essence that is the continuity of God’s intent borne in each of His Children. That Spirit that is the Christ can be found in the hearts, minds, and teachings of many currently as well as historically. The Christ is a Principle. It is a spirit. It is the life; the Master has brought this Christ Consciousness into oneness with Himself, and thus He has become the Christ. And is the Christ. See? Just so many stumble over this.” –Lama Sing

CIRCLE/SACRED CIRCLE – A small group that formed around these readings, that often at twilight lifts one another by name in love and prayer. (Also called Band of Brethren when the work of the Sacred Circle morphed to a much broader work together – welcoming the Promise and the opportunity of Freedom for all.)

CIRCULAR BENCHES – These are “forms” within the Homeland that have served as a sort of meeting place for individuals from the Earth who are coming to accept the truth of the existence of the “Homeland” consciousness, using the benches as a sort of “anchoring point”, aware that form in the Homeland exists only so long as there is one to know of it, to appreciate it; form is never confined, bound, rooted, defined, but freely expressed and experienced. An interesting note is that this was the original intent for the Earth, an intent and expression currently being reawakened.

The COLORS – In the Elders’ readings, the book WHEN COMES THE CALL, the word “Colors” was used to denote all the essences of God as the Word going forth, the pure potentiality of Creation that is free vs. creation that is defined and, by definition, confined.

The COMING – “The entry of the Master will be foreseen in those times that are immediately ahead. There will be the coming of that which is believed in each land and each peoples, and this will be the opportunity for peace to be established and for more peoples to find themselves dwelling within a precious gift, one which is alive and functioning: the good Earth.” –Lama Sing

The COUNCIL – “There is a Council that is most often, if not always, presided over by the Master, Jesus (or Yeshua, if you prefer), and this Council is intending to lovingly guide any or all who come unto it seeking. In order to reach this Council, which exists in the purity of Consciousness, one must release all.” –Lama Sing

The COURSE [IN ONENESS/IN MASTERY – A 12-month course given by the Lama Sing group in the year 2000, which Lama Sing said “holds the keys that can set you free.”

IN THE EARTH – This term is used because Lama Sing is referring to living within the consciousness of Earth, within finite experience, rather than on the consciousness of Earth and that expression. It is similar to our use of the term “in Heaven” rather than “on Heaven”.

The ELDERS – A group of entities who, when they saw brethren being trapped in the illusions early in the creation of finiteness, went into that creation. They would have been trapped

themselves had they not been offered rescue by still others who went in for them. These rescued ones, then,
–because of their loving intent, which caused them to endure great hardship,
–because of their experience in finiteness,
–because of their choice to be freed in the face of incredible odds and potential loss,
–because of their will and determination to return to their Divine Completeness,
–and because of their eons of subsequent service to God,
came to be known reverently throughout Consciousness as the Elders.

FATHER – Father is used as a term of endearment for the Creator, Source, God, the Alpha and Omega, and so much more. We are asked to not stumble over the word since there are no words much less a single word that could be chosen to truly define the Creator because God cannot be defined.

The FEMININE ENERGY – “To hear the words ‘awaken the Principles Feminine within you now,’ if you are in a female body, perhaps your reaction will be one of joy, for this should be easy. Conversely, if you are in a male body and you’ve heard these words, you might have a reaction, a little struggle. If you’ve had either of those reactions, then you have no idea, none, of that which we are speaking. Polarities: male- female, positive-negative, light-darkness, on and on. The collage of those sensory reactions and evaluations, the spontaneity of your current reaction to outside stimulus, all are conditioned by these. The Feminine is not weak and submissive. The Feminine is the Earth. It is that which gives rise to each plant in its season, each fruit in its time. To be in a male body is not to be apart from this spirit. Neither, to be in a feminine body guarantees you that you are a part of it. (Some humor should be found here... prayerfully.) We are talking about the polarities that comprise the beauty of Consciousness Itself. And what is collectively called the Feminine as one such has been depleted so heavily over the past centuries or so in and about the Earth.” –Lama Sing

FREEDOM - “Freedom, meaning that you are as you were in the state of Being when God spoke the Word and they were created.” –Lama Sing

The FRIEND – Al and Susan began calling the aspects of their soul that is expressed in finiteness their “Friend”, a term of endearment for the body/emotion/mind that connotes the “observer” point of view from Spirit versus merely the experiences of the finite.

The GUARDIANS – The warrior priests who ever kept the watch over the Essene community, fiercely adept when a situation called for them to be, yet so kind and compassionate it was said that one loving look from any one of them could melt the hardest heart.

JACOB – This one has been a part of these readings as a known entity since the series was given that was made into the books titled THE EXPECTANT ONES. Jacob is also one of Susan’s guides, along with Eloise, one of the Holy Maidens.

JIM/JAMES W – Jim is a dear friend of these works and those involved, and particularly a dear friend of Al. He made his transition suddenly in June 2016. He is referred to as James by the Lama Sing group because he was one of the Disciples.

LAMA SING – More than forty years ago for our convenience in communication and ease of referral, the one through whom this information flows accepted the name “Lama Sing,” though it was explained that names or titles are not necessary beyond the finite.

The LAMA SING GROUP – The information given is always contributed to by more than one entity, often many. This group changes depending upon what is requested and being given, though the same core group apparently can be found all throughout. This is why Lama Sing is often referred to as “they”.

LOVING NEUTRALITY – “This is a pathway to God’s Peace and Love and, therefore, a path beyond anything that seeks to hold you.” –Lama Sing

HOLY MAIDENS (Abigail, Andra, Editha, Eloise, Hannah, Kelleth, Little Mary, Rachel, Revkah, Sarah, Sophie, Zephora – “The Holy Maidens are those who were with Mary when they were determining which of the young Maidens would be the Mother, the vehicle, provide the vehicle for Jesus to enter.” –Lama Sing

The HOMELAND – “That which was originally called by Susahn the Heart Realm to symbolize the brothers and sisters who intended to bring the very heart of God’s Love as an offering to those in Earth willing to receive it – and then perhaps aptly retitled by she as the Homeland, to symbolize the consciousness of being Home with Father, a consciousness being sustained by these same brothers and sisters. The Homeland is a part of the Path.” –Lama Sing

THE MAIDENS – There were thirty-six “maidens, young girls, chosen of all the Essene children to undergo intense training and even scrutiny. It was known that, of these thirty-six, twelve (the Essene sacred number) would be chosen, from whom that One would be ultimately chosen who would carry the Christ Child. The twenty-four would be prepared to step in, then, should any harm befall any one or all of the Twelve. All were given according to the highest and best that could be given, in order to attend to the Christ Child and to all those children who would follow. Of the 24 remaining, once Mary was chose, it was given to Eloise to join the other eleven so that the number twelve would remain as Mary took on the task of becoming the Holy Mother. Often, when the Maidens are spoken of, this can include not only the Twelve but the remaining Maidens, each of whom was considered “Holy.”

The MARK OF THE CHRIST – “Those who are known and unknown and yet to be discovered who carry the joy, the wonder, of the Master’s mark. ... Those who choose and are therefore chosen. ... Those who hold a love of the Christ within their being with all that they are.” –Lama Sing

MEDIAN POINT – “This is a demarcation point that is between expression and non-expression of the Consciousness of Being.” –Lama Sing

NATHANAEL/KARSTEN – Karsten is a beloved and devoted member of the group who has long followed the Lama Sing work and is a dear friend of AI. He was known as Nathanael in the times of Jesus. He very often meditates in the Homeland, beginning at the “circular benches”.

The OPPOSING FORCES – Those brothers and sisters seen and unseen who are among the

forces that seek to dominate and to perpetuate the limitations of finiteness.

PETER AND STEPHANIE – In 1991, the path Al uses as he's leaving finiteness for his channeled readings crossed with that of a man who was leaving his body through the process we call death. That process and the saga that followed was recorded in what came to be called The Peter Project readings. Those involved in the Peter Project followed Peter through his incredible journey for more than ten years and 200+ readings. Those readings are being made into books. Stephanie was Peter's wife. He greeted her when she made her transition.

THE PROMISE – “All of the energies of Consciousness, all of the energies of life itself, are at a highpoint, a high tide as mentioned previously, and that has the potential to cleanse what was and leave the opening for what might be. But as with any such beautiful heightened cycles of energies, there will be the movement of these energies into other courses, other expressions. And it will not be, as such, an *ending* in the manner as often referred to, but a choice of whether to remain in the finite or move into the infinite, or to change the way one remains in the finite, that the greater joy and happiness of all can begin to be woven into a time of profound peace. All of this and greater is the potential that awaits humankind. See?” –Lama Sing

“The Promise is the hopefulness of the Children of God who are not bound by finiteness, by limitation, and they remain waiting to serve, waiting to bring, with the Master, the beauty of the Promise into the Earth once again. It is not a mandate. It is an offering, and that offering is nearly upon you once again. And, hence, the reference to: *He comes.*” –Lama Sing

“The Promise is bringing a light to show you these choices within. It is not a light that seeks to vanquish, to conquer, or to create a kingdom in the Earth. It is a light that comes from the very love within existence itself. And in the Promise is woven all potential. And this, quite simply means, there is no mandate; there is only a magnificent offering: that all might choose to know themselves, and in the knowing of self, know one another.” –Lama Sing

“The Promise's purpose is to afford those who have begun the journey of return unto Oneness and Awakening, and to offer them according to His Promise that He would return, that opportunity to find through the increased energies of purity, that they could claim that Freedom within themselves and bring it forth as a living essence that would shine forth to all who would wish to partake of it. And, thus, they would bear the Light of the Christ Consciousness.” –Lama Sing

PURE CONSCIOUSNESS AND PURE POTENTIAL – “The Word of God.” –Lama Sing

QUOTE/END QUOTE – Other than for conversation, quotation marks are only used when Lama Sing uses those words to indicate they want the word or term in quotes.

REBOCHIEM/VICTOR – A dear friend of the group following the Lama Sing works and a dear friend to Al, who made his transition in April 2016. He is also referred to as Rebochiem. We learned of him in the Expectant Ones series (books), a revered teacher in the School of the Prophets

The SANCTUARY – A gathering place of consciousness where discarnates can go or be taken to,

to heal from guilt and forgive themselves for transgressions against others in order to move on. Originally, the Sanctuary was “built”, created, during the Borderland Project for those leaving the Shadowland who were too fearful to go further, because they had been told and believed that the Light destroys the darkness.

The SEA OF FACES – In the early 1990’s the Al Miner/Lama Sing readings coined the term “Sea of Faces.” If one is moving towards God on their line of light, having departed their life on Earth, and from off to the side someone or something calls to them – for example, an old friend with whom perhaps they used to share drinks at happy hour, a former neighbor who apparently is sitting on a porch on their beloved neighborhood street, a nemesis with whom an old grudge was never finished, the memory of an event that has caused anguishing guilt, or sorrow, or hatred, or a desire for revenge or to conquer a fear, or even an event where love was not completed – the “departee” might think about pausing the journey, just for a bit, to participate in the call. And as easily and smoothly as that, one can be tempted, lured, to a consciousness built around that habit, desire, fear, regret, love, etc. Not until something, in essence, shakes them from their dream – which could be boredom, longing, perhaps a memory, or a prayer – do they realize that they have been dwelling in this realm by their choosing, sometimes for a very long time (by our measure). When they call out from this, those who have been unseen, in attendance throughout the duration, can then make themselves known and usher the caller back to this one’s path of light and the level of life of their choosing.

The SHADOWLAND - The Shadowland is that name given by Al to that realm of consciousness that lives in the shadow of the Earth, wherein dwell those discarnates whose lives are dominated by fear and utter hopelessness, out of which is born heinous aggression.

SUSAN/SUSAHN – Lama Sing’s pronunciation of Susan, Al’s wife. Lama Sing also sometimes calls her Sushannah.

TING – This is an entity introduced to those following the Lama Sing readings who is working at the Median Point. She moves to and from the Earth realm, for she has attained complete Loving Neutrality, bringing blessings of glory to China. Al has called her Ting, and she finds this humerus. It is an acronym: Trust in God.

The VEIL – A neutral area of separation that preserves the integrity, the intent, and purpose, of the realms expressed on either side of it.

The WATCH – In a meditation, Al Miner saw the Master at Gethsemane, who turned to Al and asked, “Will you help me keep the watch?” Al knew He was asking for help with all those who come to Him in prayer. So Al established The Watch, a prayer group with members throughout the world, resulting in countless miracles. The Prayer Watch began as a phone chain, then fax and phone, then email. It is now active and available through the Lama Sing website.

The WAVES OF LIGHT – In a work reading on 01/11/00, it was given that there would be seven great cycles of energy, seven great waves of light, preparatory to The Way:

“It was at 2:01 AM Eastern Standard Time, January 11, two-ought-ought-ought, when those forces entered their major convergence and will remain to an approximate time, 2018. It is a transformation which is preparatory to those works which lie ahead. Several other cycles will also enter, in the times ahead, and will each manifest in a different form of uniqueness.

They are preparatory for a greater shift in consciousness which is being prepared, even as we speak. You could adjudge this as the first of seven steps to the kingdom of the throne of God.”

–Lama Sing

The following is an outline of the dates of the Waves. If one looks at the Waves that have already entered and then traces events that have occurred in and around that Wave, individually and globally, one can see a definite pattern of movement as these continued to build and mingle with each other, and make their mark upon the Earth. Meditating, contemplating, and praying on these, as well as being mindful of them in daily life, has led to remarkable occurrences and growth, so it is being reported.

One - The Wave of Awakening: Entered Jan 11, 2000
Its gift - Self-Awareness

Two - The Wave of Love & Compassion: Entered March 18, 2001
Its gift - Forgiveness

Three - The Wave of Joyful Expectancy: Entered August 22, 2002
Its gift - Hope

Four - The Wave of Golden Silence: Entered November 27, 2003
Its gift - Peace and joy of God, the fulcrum btw the finite and the infinite.

Five - The Wave of Sacred Truth: Entered February 18, 2005
Its gift - Truth

Six - The Wave of Christ Consciousness, April 8, 2007
Its gift - Universal Consciousness, the manifestation of Sacred Truth

Seven - The Wave of Oneness, sometime around the end of 2012
Its gift - The Christ with the Father as manifested in and about the Earth

WORLD BETWEEN WORLDS – In a meditation in 2006, with the intent to know and even experience what those do in the process we call death, Susan travelled the distance of her silver cord, looking back along the way, as those who are “dying” do, to her life in finiteness – saying goodbye to those she loved and to all that might hold her back, and looking forward in a sort of mini life review – until she could go no further. Here, she hovered in the Silence; here, she Knew the Love of God as she’d not known before, unaware of time. When the memory of her physical self returned, she realized she was in a “world-between-worlds”, neither fully physical nor fully free of the physical. Later, Lama Sing told her she had discovered the edge of the “Homeland”, where the Council meets.

ZACHARY – An entity first introduced in the early 90’s in The Peter Project. He has remained as a part of the Lama Sing readings ever since, offering his adept insights lovingly and often through his unique brand of humor. He was also identified in the series of readings (books) called THE EXPECTANT ONES as Illem, and he is one of AI’s guides, along with Sarah, who was one of the Holy Maidens.